Program for All-Inclusive Care of the Elderly (PACE) Program

KEY POINTS

• Model of care which utilizes interprofessional teams and adult daycare center to promote older adults “aging in place” within their communities.

• Utilizes Medicare and Medicaid funding

• Capitated program which is fully responsible for meeting the healthcare needs of its enrollees.

• There are four basic requirements for enrollment
  o Aged 55 years and older
  o Certified by the state of residence as requiring nursing home level of care
  o Live in a safe home environment
  o Live in an area that is serviceable by a PACE Program

• Enrollees must:
  o Agree to an interprofessional plan of care
  o Change their primary care provider to a PACE physician

• Benefits include:
  o Lower hospitalization rates in PACE enrollees
  o Lower readmission frequency
  o Lower emergency room visits
  o Better health management outcomes and less hospital use

• Interprofessional Team Based Approach at the PACE Programs
  o Team of physicians, nurse practitioners, nurses, social workers, physical and occupational therapists, dieticians, recreational therapists and others
  o Work together to develop and individualized comprehensive plan of care for each enrollee
  o The team focuses on preventive, primary, acute, rehabilitation and long-term care needs of each enrollee.

• Adult Daycare Center Approach at the PACE Programs
  o Enrollees are expected to attend the center at least once per month for a clinical examination and check-up.
  o Enrollees are encouraged to come more often and participate in socializing with other enrollees, recreational activities, meals and clinical care.
  o Transportation is provided to and from the program

• Electronic Resources
  o National PACE Association for older adults and/or their loved ones who are interested in PACE programs around the country and in your state of residence
    • http://www.npaonline.org
References

Casiano A. A Model of Care for Individuals with Multiple Chronic Conditions. *Annals of Long Term Care.* 2015:41-45.

