WEEK OF MONDAY, FEB. 8

MONDAY

Entrée: Homemade Spaghetti        cal 350
        Veggie Spaghetti            cal 200
        Steamed Vegetables         cal 15
        Fresh Garden Salad        cal 80

TUESDAY

Includes-Regular or Veggie Option  with vegetables & small side salad

Entrée: Chicken Poblano        cal 680
        Steamed Rice            cal 121
        Steamed Vegetables     cal 15
        Fresh Garden Salad    cal 80

WEDNESDAY

Entrée: Beef Stroganoff        cal 355
        Veggie Lasagna         cal 440
        Steamed Vegetables    cal 15
        Fresh Garden Salad   cal 80

THURSDAY

Entrée: Roasted Chicken        cal 170
        Mashed Potatoes       cal 214
        Green Beans          cal 15
        Fresh Garden Salad  cal 80

FRIDAY

Grilled Tilapia        cal 128
Steamed Rice          cal 121
Falafel Wrap          cal 330
Steamed Vegetables    cal 15
Fresh Garden Salad    cal 80

Mon-Fri
Weekly Special $7.99

Contact Us
George@rggrill.com