WEEK OF MONDAY, FEBRUARY 10

MONDAY
Entrée:  Roasted Chicken  cal 215
         Mashed Potatoes  cal 214
         Steamed Broccoli  cal 25
         Chicken Noodle Soup  cal 142
         Fresh Garden Salad  cal 80

Mon-Fri
Weekly Special $7.99
Includes-Regular or Veggie Option, Vegetables and Salad

TUESDAY
Entrée:  Chicken Enchiladas  cal 283
         Mexican Rice  cal 122
         Green Beans  cal 15
         Potato Soup  cal 190
         Fresh Garden Salad  cal 80

WEDNESDAY
Entrée:  Beef Stew  cal 336
         Steamed Rice  cal 121
         Steamed Carrots  cal 41
         Broccoli and Cheese Soup  cal 154
         Fresh Garden Salad  cal 80

THURSDAY
Entrée:  Homemade Spaghetti  cal 350
         Steamed Vegetables  cal 15
         Italian Wedding Soup  cal 110
         Fresh Garden Salad  cal 80

FRIDAY
Entrée:  Fried Shrimp  cal 310
         French Fries  cal 110
         Roasted Vegetables Medley  cal 112
         Gumbo Soup  cal 148
         Fresh Garden Salad  cal 80