WEEK OF MONDAY, DECEMBER 16

MONDAY
Entrée: Beef Lasagna cal 310
        Vegetable Lasagna cal 440
        Mixed Vegetables cal 15
        Vegetable Soup cal 80
        Fresh Garden Salad cal 80

Mon-Fri
Weekly Special $7.99
Includes-Regular or Veggie Option, Vegetables and Salad

Soups-Cup $2.91 Bowl $4.86

TUESDAY
Entrée: Chicken Kabobs cal 200
        Rice cal 121
        Grilled Vegetables cal 25
        Loaded Potato Soup cal 190
        Fresh Garden Salad cal 80

WEDNESDAY
Entrée: Roasted Chicken cal 215
        Mashed Potatoes cal 214
        Green Beans cal 15
        Broccoli and Cheese Soup cal 154
        Fresh Garden Salad cal 80

THURSDAY
Entrée: Grilled Chicken w/Gravy cal 350
        Dirty Rice cal 146
        Steamed Vegetables cal 15
        Vegetable Tortilla Soup cal 225
        Fresh Garden Salad cal 80

FRIDAY
Entrée: Chicken or Beef Shawarma cal 300-475
        French Fries cal 110
        Cauliflower Rice cal 25
        Roasted Vegetables Medley cal 112
        Gumbo Soup cal 148
        Fresh Garden Salad cal 80