WEEK OF MONDAY, SEPTEMBER 20

MONDAY

Homemade Beef Stew cal 292
Vegetable Egg Rolls cal 140
Steamed Rice cal 121
Steamed Vegetables cal 15
Fresh Garden Salad cal 80

Mon-Fri
Weekly Special $7.99
Includes-Regular or Veggie Option with vegetables & small side salad

Contact Us
George@rggrill.com

TUESDAY

Entrée: Chicken Fried Chicken cal 220
Mashed Potatoes cal 214
Falafel Pita Wrap cal 330
Steamed Vegetables cal 15
Fresh Garden Salad cal 80

WEDNESDAY

Entrée: Baked Ziti cal 375
Veggie Lasagna cal 440
Steamed Vegetables cal 15
Fresh Garden Salad cal 80

THURSDAY

Entrée: Chicken Poblano cal 680
Grilled Veggie Kabobs cal 130
Steamed Rice cal 121
Steamed Vegetables cal 15
Fresh Garden Salad cal 80

FRIDAY

Roasted Chicken cal 170
Pesto Pasta cal 192
Steamed Vegetables cal 15
Fresh Garden Salad cal 80