WEEK OF MONDAY, SEPTEMBER 27

MONDAY

Entrée: King Ranch Chicken  cal 373
        Vegetable Egg Rolls  cal 140
        Steamed Rice  cal 121
        Steamed Vegetables  cal 15
        Fresh Garden Salad  cal 80

TUESDAY

Entrée: Beef Stroganoff  cal 355
        Veggie Lasagna  cal 440
        Steamed Vegetables  cal 15
        Fresh Garden Salad  cal 80

WEDNESDAY

Entrée: Grilled Chicken w/Gravy  cal 350
        Grape Leaves  cal 25
        Red Beans and Rice  cal 223
        Steamed Vegetables  cal 15
        Fresh Garden Salad  cal 80

THURSDAY

Entrée: Chicken Piccata  cal 515
        Steamed Rice  cal 121
        Falafel Pita Wrap  cal 330
        Steamed Vegetables  cal 15
        Fresh Garden Salad  cal 80

FRIDAY

Entrée: Homemade Spaghetti  cal 350
        Veggie Spaghetti  cal 200
        Steamed Vegetables  cal 15
        Fresh Garden Salad  cal 80

Mon-Fri
Weekly Special $7.99

Includes-Regular or Veggie Option
with vegetables & small side salad

Contact Us
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