WEEK OF MONDAY, NOV. 8

MONDAY
Entrée:
- Chicken w/ Mushroom Gravy cal 245
- Falafel Pita Wrap cal 330
- Steamed Rice cal 121
- Steamed Vegetables cal 15
- Fresh Garden Salad cal 80

TUESDAY
Entrée:
- Beef Fajitas cal 184
- Spanish Rice cal 199
- Steamed Vegetables cal 15
- Refried Beans cal 214
- Fresh Garden Salad cal 89

WEDNESDAY
Entrée:
- Homemade Meatloaf w/Gravy cal 170
- Mashed Potatoes cal 214
- Vegetable Egg Rolls cal 140
- Steamed Vegetables cal 15
- Fresh Garden Salad cal 80

THURSDAY
Entrée:
- Chicken Poblano cal 680
- Grilled Veggie Kabobs cal 130
- Steamed Rice cal 121
- Steamed Vegetables cal 15
- Fresh Garden Salad cal 80

FRIDAY
- Roasted Chicken cal 170
- Pesto Pasta cal 192
- Grape Leaves cal 25
- Steamed Vegetables cal 15
- Fresh Garden Salad cal 80

Mon-Fri
Weekly Special $7.99
Includes-Regular or Veggie Option
with vegetables & small side salad
Contact Us
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