WEEK OF MONDAY, NOVEMBER 22

MONDAY

Entrée: Homemade Spaghetti  cal 350  
Veggie Spaghetti  cal 200  
Steamed Vegetables  cal 15  
Fresh Garden Salad  cal 80  

TUESDAY

Entrée: Grilled Chicken w/ Gravy  cal 350  
Grapes Leaves  cal 25  
Mashed Potatoes  cal 214  
Steamed Vegetables  cal 15  
Fresh Garden Salad  cal 80  

WEDNESDAY

Entrée: Chicken Tenders  cal 220  
Vegetable Egg Rolls  cal 140  
French Fries  cal 110  
Steamed Vegetables  cal 15  
Fresh Garden Salad  cal 80  

THANKSGIVING HOLIDAY  

UNIVERSITY HOLIDAY