WEEK OF MONDAY, NOVEMBER 28

MONDAY—ITALIAN
Entrée: Chicken Tetrazzini  cal 288
       Cheese Tortellini w/Alfredo Sauce  cal 385
       Roasted Cauliflower  cal 123
       Fresh Garden Side Salad  cal 80

TUESDAY—TACO TUESDAY
Entrée: Beef Enchilada Casserole  cal 333
        Vegetarian Enchilada Casserole  cal 272
        Cliantro Lime Rice  cal 130
        Refried Beans  cal 140
        Fresh Garden Side Salad  cal 80

WEDNESDAY—GLOBAL
Entrée: Rosemary Roasted Chicken  cal 109
        Falafel w/Naan Bread Tatziki & Hummus  cal 369
        (Served on a Bed of Shredded Lettuce)
        Broccoli & Cheese Rice  cal 175
        Fresh Garden Side Salad  cal 80

THURSDAY—COMFORT FOOD
Entrée: Chicken Fried Chicken w/White Gravy  cal 310
        Southern Okra & Tomato Stew w/Rice  cal 206
        Smashed Red Potatoes  cal 266
        Braised Cabbage  cal 92
        Fresh Garden Side Salad  cal 80

FRIDAY—SEAFOOD
Cajun Shrimp Po Boy/w lettuce & Tomato  cal 740
Fried Mushroom Po Boy/w lettuce & Tomato  cal 540
French Fries  cal 110
Pasta Salad  cal 370
Fresh Garden Side Salad  cal 80

Weekly Special $7.99
Includes-Regular or Veggie Option
with vegetables & small side salad

Contact Us
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