WEEK OF MONDAY, DECEMBER 6

MONDAY

Entrée: Roasted Chicken cal 170
Falafel Pita Wrap cal 330
Rice Pilaf cal 183
Steamed Vegetable cal 15
Fresh Garden Salad cal 80

TUESDAY

Entrée: Homemade Meatloaf w/Gravy cal 170
Eggplant Cutlet cal 160
Mashed Potatoes cal 214
Steamed Vegetables cal 15
Fresh Garden Salad cal 80

WednesDAy

Entrée: Chicken Poblano cal 680
Grilled Veggie Kabobs cal 130
Steamed Rice cal 121
Steamed Vegetable cal 15
Fresh Garden Salad cal 80

THURSDAY

Entrée: Chicken Alfredo Pasta cal 988
Veggie Alfredo Pasta cal 303
Steamed Vegetable cal 15
Fresh Garden Salad cal 80

FRIDAY

Grilled Salmon cal 180
Broccoli & Cheese Casserole cal 120
Roasted Redskin Potatoes cal 80
Steamed Vegetable cal 15
Fresh Garden Salad cal 80

Mon-Fri
Weekly Special $7.99

Includes-Regular or Veggie Option
with vegetables & small side salad

Contact Us
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