WEEK OF MONDAY, MAY 3

MONDAY
Entrée: Roasted Chicken cal 170
Mashed Potatoes cal 214
Green Beans cal 15
Fresh Garden Salad cal 80

TUESDAY
Entrée: Chicken/Stuffed with Spinach cal 820
Veggie Lasagna cal 440
Steamed Rice cal 121
Steamed Vegetables cal 15
Fresh Garden Salad cal 80

WEDNESDAY
Entrée: Beef Stroganoff cal 355
Falafel Wrap cal 330
Steamed Vegetables cal 15
Fresh Garden Salad cal 80

THURSDAY
Entrée: Chicken Piccata cal 515
Steamed Rice cal 121
Steamed Vegetables cal 15
Fresh Garden Salad cal 80

FRIDAY
Fried Shrimp cal 310
French Fries cal 110
Chicken Pita Wrap cal 265
Steamed Vegetables cal 15
Fresh Garden Salad cal 80

Mon-Fri
Weekly Special $7.99

Includes-Regular or Veggie Option
with vegetables & small side salad

Contact Us
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