WEEK OF MONDAY, MAY 24

MONDAY
Entrée:  Chicken w/Stuffed Broccoli  cal 403  
         Steamed Rice  cal 121  
         Steamed Vegetables  cal 15  
         Fresh Garden Salad  cal 80  

TUESDAY
Entrée:  Roasted Chicken  cal 170  
         Mashed Potatoes  cal 214  
         Green Beans  cal 15  
         Fresh Garden Salad  cal 80  

WEDNESDAY
Entrée:  Beef Kabobs  cal 252  
         Grilled Veggie Kabobs  cal 130  
         Steamed Rice  cal 121  
         Steamed Vegetables  cal 15  
         Fresh Garden Salad  cal 80  

THURSDAY
Entrée:  Chicken Alfredo Pasta  cal 988  
         Veggie Alfredo Pasta  cal 303  
         Steamed Vegetables  cal 15  
         Fresh Garden Salad  cal 80  

FRIDAY
      BBQ Chicken  cal 215  
      BBQ Brisket  cal 240  
      Potato Salad  cal 260  
      Falafel Pita Wrap  cal 330  
      Fresh Garden Salad  cal 80