WEEK OF MONDAY, JULY 31

MONDAY—COMFORT FOOD
Entrée:  Chicken Marsala w/Mushrooms  cal 356
               Cheese Tortellini w/Pesto Sauce  cal 220
               Parsiled Red Potatoes  cal 90
               Roasted Carrots  cal 30
               Fresh Garden Side Salad  cal 80

TUESDAY—TACO TUESDAY
Entrée:  King Ranch Chicken Casserole  cal 220
               Vegetarian Ranch Casserole  cal 100
               Spanish Rice  cal 110
               Black Beans  cal 40
               Fresh Garden Side Salad  cal 80

WEDNESDAY—ITALIAN
Entrée:  Beef Lasagna  cal 250
               Eggplant Parmesan  cal 280
               Zucchini & Squash Lyonnaise  cal 43
               Fresh Garden Side Salad  cal 80

THURSDAY—COMFORT FOOD
Entrée:  Chicken Fried Steak w/Country Gravy  cal 275
               Quinoa Casserole  cal 365
               Mashed Potatoes  cal 110
               Southern Green Beans  cal 31
               Fresh Garden Side Salad  cal 80

FRIDAY—SEAFOOD
Fresh Fried Fish  cal 341
Crispy Cajun Cauliflower  cal 159
Crispy Potato Wedges  cal 130
Fresh Coleslaw  cal 140
Fresh Garden Side Salad  cal 80

Mon-Fri
Weekly Special $7.99
Includes-Regular or Veggie Option
with vegetables & small side salad

Contact Us
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