WEEK OF MONDAY, AUGUST 7

MONDAY—ITALIAN

Grilled Chicken Alfredo  cal 481
Portobello Mushroom Ravioli  cal 230
Italian Vegetables  cal 95
Fresh Garden Side Salad  cal 80

TUESDAY—TACO TUESDAY

Entrée: Fajita Chicken Bowl  cal 116
Vegetarian Bowl w/Rice and Beans  cal 310
Chipotle Rice  cal 180
Seasoned Pinto Beans  cal 130
Fresh Garden Side Salad  cal 80

WEDNESDAY—ASIAN

Entrée: Sweet & Sour Chicken  cal 350
Beyond Sweet & Sour Chicken  cal 340
Vegetable Fried Rice  cal 228
Asian Stir Fry Vegetables  cal 95
Fresh Garden Side Salad  cal 80

THURSDAY—COMFORT FOOD

Entrée: Herb Roasted Chicken  cal 331
Red Quinoa w/Roasted Root Vegetables  cal 130
Roasted Maple Sweet Potatoes  cal 114
Sweet Chili Brussel Sprouts  cal 130
Fresh Garden Side Salad  cal 80

FRIDAY—BBQ

Texas Rib Tips/BBQ Sauce  cal 360
Chipotle Black Bean Sandwich  cal 120
Macaroni and Cheese  cal 291
Ranch Style Beans  cal 90
Fresh Garden Side Salad  cal 80