

TRAINING / INSTRUCTION POLICY

This policy is related to any and all training or instruction of services at the UT Recreation Center. Desired services will be provided through the department and "OUTSIDE" trainers/therapists or instructors are not allowed to use or perform their services in the facility.

In addition No Soliciting is Allowed

This policy was established to eliminate conflict of interest with services provided "in-house", but more importantly, for safety and liability reasons. Requested services are either performed by our staff and or through instructors / trainers contracted by the Recreation Center.

The Recreation Center strives to provide quality services, which are economical and convenient to our members. These services are based on need, cost effectiveness, and availability of space and staff.

Recreation Center MEMBERS (Current Members ONLY), requiring the assistance of a personal trainer or physical therapist, due to medical reasons or rehabilitation, may do so under the following guidelines:

- 1) Must submit request in writing to the Wellness Coordinator.
- 2) Specify reason, duration, time frame of treatment and the therapist's or trainer's name, along with your physician's consent for rehab.
- 3) Once approved by the Coordinator or Director, the "daily" guest fee will be assessed upon each visit by the therapist. Therapist or trainer must accompany the member at time of and for duration of visit.

NON-MEMBERS DO NOT RECEIVE THIS PRIVILEGE, only Current Members.

OTHER ACTIVITY / FACILITY USE PROCEDURES:

Recreation Center Current MEMBERS and Eligible NON-MEMBERS desiring to participate in an activity or utilize facilities for a particular sport or activity with instruction, must receive approval through the

Recreational Sports Coordinator.

(i.e. karate, dance, yoga, tai-chi, racquetball, tennis,.....)

- 1) Must submit request in writing to the Recreational Sports Coordinator.
- 2) If interested in organizing a group, complete the sport club and or rental application paperwork.
- 3) Once approved, adhere to all UT Recreation Center Policies.

We reserve the right to revoke privileges and to deny service at any time.