This panel will delve into the intricate correlation of race, racism, racial trauma, race-based stress and its effect on mental health. Psychology experts will then provide coping strategies for race based-stress and racial trauma followed by different support strategies for allies. Resources for students, faculty, and employees will be provided.

WEDNESDAY, AUGUST 19TH 2020
12:00 - 1:00 PM
VISIT UTHEALTH.WEBEX.COM
WEBEX MEETING #: 120 445 0552

SPEAKERS
Marion Zahn, PhD
Melba Hernandez-Tejada, PhD, DHA
Robin Dickey, PhD, MA, LPC
Andrea Taylor, PhD
Angela Heads, PhD