HERE TO HELP

HOW YOUR BENEFITS CAN HELP WITH DISTANCE LEARNING, CHILD CARE AND MORE.
We are here for you

1. An overview of your benefits
2. Back to School & Distance Learning Support
3. Resources for families
Hi, I’m Lynne

My colleagues joke that I’m the Care@Work poster child – because I really have used every single service we offer to care for my family, my pets and even help around the house. During COVID-19, there were several nights when the night caregivers who regularly cared for my father were not available – so I used Adult Backup Care to help!
Hi, I’m Jess

I’m live just outside of Boston with my boyfriend. Career growth is a top priority right now before we take the next steps to start a family. COVID-19 has been lonely, living so far from my family. While I don’t need to balance child care & school schedules (yet), I see how helpful Backup Care can be for my colleagues with “little visitors” on our zoom calls.
AN OVERVIEW OF YOUR FAMILY CARE BENEFITS

care@work by CARE.COM

#UTHealth
The University of Texas Health Science Center at Houston
Employees enjoy all the privileges that come with our Premium Membership.

- **Free!** Sign up at UTHealth.care.com
- Find help for *regular* and *planned* care needs
- Detailed profiles including experience, availability, reviews and ratings
- Tutors, nanny share, child care, senior care, pet care, house keepers and more
- CareChecked caregivers + additional background check options available
Subsidized, vetted care for children & adults when regular care is not available

- Personalized, needs-based matching from caregivers and centers in the Care@Work Backup Care network.
- Request care at UTHealth.care.com or call 855-781-1303
- Plan ahead! Schedule care when you know your regular care will not be available
- Adult care can be used for yourself too!

- 15 days of Backup Care through Sept 1
- $10/day for in-center childcare
- $6/hour for in-home child and adult care
Backup Care & COVID-19 Safety Procedures

- If anyone in your household may have been exposed to COVID-19 (coronavirus) or is experiencing symptoms, we require a 14-day wait period since last possible exposure before requesting Child or Adult Backup Care. When you request Backup Care, you will need to confirm that no member of your household has the virus or is within this precautionary wait period.

- As it relates to COVID-19, we are requiring our care providers to adhere to the CDC-recommended best practices

- We will continue to monitor and update procedures to comply with state and local guidelines and CDC recommended best practices.

COVID-19 Safety Update

The health and safety of families and caregivers is our top priority. We are always taking precautions to prevent the spread of infectious viruses like the flu, but COVID-19 presents unique challenges. We’ve put in place the following guidelines for in-home Backup Care to help protect you and your loved ones.

Frequently Asked Questions

If someone in your family has been diagnosed with coronavirus, is showing symptoms, and/or is in quarantine for coronavirus, can Care.com provide Backup Care?

If anyone in your household has been exposed to COVID-19 (coronavirus) or is experiencing symptoms, we require a 14-day wait period since last possible exposure before requesting Child or Adult Backup Care. When you request Backup Care, you will need to confirm that no member of your household has the virus or is within this precautionary wait period.

As it relates to COVID-19, we are requiring our care providers to adhere to the CDC-recommended best practices.

We will continue to monitor and update procedures to comply with state and local guidelines and CDC recommended best practices.
PERSONAL NETWORK
BACKUP CARE

When regular care isn’t available, use a caregiver or center from your network and get reimbursed!

• Submit receipts at UTHealth.care.com
• Maximum reimbursement of $125/day

• 15 days of Backup Care
• $10/day for in-center childcare
• $6/hour for in-home child and adult care
HOW TO ACCESS YOUR FAMILY CARE BENEFITS
How to enroll & access your benefits

Step 1: Go to UTHealth.care.com to enroll or access your benefits.

Step 2: You will be directed to login via Single Sign On, using your UTHealth Enterprise Username and Password.

Step 3: Once in the portal, search for care by following the prompts.
SUPPORT FOR DISTANCE LEARNING
Virtual Class Schedules

Half-day school pickup

1st grade zoom social hour

Homework portals

6th grade math questions

Missing homework instructions

School looks different this year.
Backup Care & COVID-19 Safety Procedures

• If anyone in your household may have been exposed to COVID-19 (coronavirus) or is experiencing symptoms, we require a 14-day wait period since last possible exposure before requesting Child or Adult Backup Care. When you request Backup Care, you will need to confirm that no member of your household has the virus or is within this precautionary wait period.

• As it relates to COVID-19, we are requiring our care providers to adhere to the CDC-recommended best practices.

• We will continue to monitor and update procedures to comply with state and local guidelines and CDC recommended best practices.

DISTANCE LEARNING & TUTORING SUPPORT

Use your Care.com Membership to

• Post a job for a tutor
• Search for tutors or distance learning facilitators in your area
• To find families to nanny share or create a learning pod

Use Backup Child Care to

• Have a caregiver monitor distance learning activity. Note: Caregivers are not tutors
• Care for your children while you work from home or work late

• 15 days of Backup Care through Sept 1
• $10/day for in-center childcare
• $6/hour for in-home child and adult care
Finding Distance Learning/Tutoring Support

Starting September 1st, you will see a Back-to-School shortcut in your UTHealth.care.com portal to each of these options.
How to setup your Nanny Share Profile

1. Sign into your UTHealth.care.com portal
2. Click “My kids” then click “Search on my own”
3. Once you get to Care.com, select Nanny Share
4. Follow the prompts to create your family profile
How to setup your Nanny Share Profile

Once your profile is created, you can search for other families in the area to partner with for Nanny Share or Learning Pods.

After you find a family, post a job or search for a caregiver on Care.com.
ADDITIONAL RESOURCES FOR PARENTS & FAMILIES
Curated Resource Guides on Care.com

COVID-19
Coronavirus resource guide for parents and caregivers

Back-to-School
Back-to-school 2020 resource guide for parents and caregivers
Expert Webinar: Talking to Kids about Race & Racism

Dr. Beverly Daniel Tatum, a nationally recognized authority on racial issues in America and a clinical child psychologist, will explain how you can talk to and teach your kids about race, racism, and protests. This live Q&A webinar, hosted by Care.com CEO Tim Allen, included guidance on how to have important –often difficult –conversations with kids of all ages about race that are empathetic, constructive, and compassionate.

WATCH THE RECORDING HERE!
Expert Webinar: 
Middle School Matters

The transition from childhood to adolescence is not easy – for kids or their parents. Add to that the COVID-19 pandemic, and this is a really challenging time for pre-teens and middle schoolers. Phyllis Fagell, a licensed clinical professional counselor, gave advice to parents on how to best support our children right now, help tweens navigate shifting social dynamics, and monitor your child’s social media and online use to prevent fatigue, bad habits, and negative behaviors.

WATCH THE RECORDING HERE!
Parents tend to avoid conversations about race with their children. Too often, parents don’t fully understand it themselves, so they struggle to talk about it with their kids. The Rev. Dr. Jennifer Harvey, award-winning author, educator, and activist, will offer guidance on how to have constructive, age-appropriate discussions with white children about race and racism. This live webinar – the second in a special series on talking to children about racial issues – will be hosted by Care.com CEO Tim Allen and will include a Q&A session. Whether you’re a parent who wants to advance your family’s journey of anti-racism activism, or an educator or caregiver looking to foster racial justice in our homes, communities, and schools, you’ll leave this conversation with the knowledge and tools you need to educate white children to be empowered, active allies in the ongoing fight against systemic racism in America.

REGISTER HERE!

August 25th, 2020 • 12-12:45 EST
Equal Parts Podcast

20 MIN. EPISODES
WITH PARENTING EXPERTS

- Screen time for kids during COVID
- Taking to kids about race & racism
- Taking to parents about finances
- Gen X women’s midlife crisis
- Ideas for summer camp at home
- Supporting your teen during COVID-19
- And more...

(LINK)
"How to" Demo Videos

1-2 minute video guides for your care@work benefits

- How to enroll in your family care benefits
- How to post a job on Care.com
- How to search for a caregiver on Care.com
- Explore the Care.com Safety Center
- How to use Personal Network Backup Care
- How to get Reimbursed for Personal Network Backup Care
- How to book in-home child backup care
- How to book in-center child backup care
These resources are available to you today!

After this call, go to Learn2Succeed portal. Search for “CARE@WORK”.

- This Deck
- COVID Safety Procedures Link
- Link to Enroll: UTHHealth.care.com
- Resource Guides
- Webinar Links
- Podcast Links
- How to Demo Videos
THANK YOU!