SWIM LESSONS

INFORMATION  
During the summer of 2018, Private or Semi-Private Swim Lessons are available for children or adults!

ELIGIBILITY  
Open to all Texas Medical Center Faculty, Staff, Residents, Students, Spouses + UT—System Alumni  
Participant does not need to be a current member of the Rec Center, but must meet above eligibility requirements.  
Note: Children ages 4—20 of current Rec Center members get the rate for the current Rec Center Member.

SKILL LEVEL  
All levels! From basic skills + water safety to transitioning to defined strokes or advanced stroke refinement.

AGES  
From children to adults!  
Must be at least 4 years old + potty trained.

TYPE  
Private or Semi—Private Swim Lessons  
For semi—private lessons, participants must have own group. Instructor is not responsible for creating groups.

LENGTH  
30 Minutes

DAYS/TIMES  
Flexible Scheduling — The instructor will call within 2—3 days to set up a time that works best!

LOCATION  
UTHealth Auxiliary Enterprises—Recreation Center at 1832 West Road (Same Location, New Address!)  
Outdoor Olympic—Size Swimming Pool

### 30—MINUTE PRIVATE & SEMI-PRIVATE LESSON PRICING

<table>
<thead>
<tr>
<th>LESSON</th>
<th># OF PARTICIPANTS PER CLASS</th>
<th>CURRENT REC CENTER MEMBER OR CHILD OF CURRENT MEMBER</th>
<th>NOT CURRENT REC CENTER MEMBER, BUT MEETS ELIGIBILITY REQUIREMENTS</th>
</tr>
</thead>
<tbody>
<tr>
<td>PRIVATE LESSON</td>
<td>1 Participant</td>
<td>$30 Cash/Check</td>
<td>$35 Cash/Check</td>
</tr>
<tr>
<td>SEMI—PRIVATE LESSON</td>
<td>2 Participants</td>
<td>$40 Cash/Check</td>
<td>$44 Cash/Check</td>
</tr>
<tr>
<td></td>
<td>3 Participants</td>
<td>$45 Cash/Check</td>
<td>$51 Cash/Check</td>
</tr>
<tr>
<td></td>
<td>4 Participants</td>
<td>$48 Cash/Check</td>
<td>$54 Cash/Check</td>
</tr>
</tbody>
</table>

NOTE: If all participants do not show up for a semi—private lesson, the number of present participant(s) must pay the updated price. (Example: If a semi—private lesson is scheduled with 2 people + only 1 shows up, it is now a private lesson + must be paid accordingly.

### IMPORTANT INFORMATION

**TARDY**  
If participant is late for a lesson, the length of the lesson may be shortened. No refunds are given.  
For example, if participant is 10 minutes late, the lesson will only be for the remaining 20 minutes.

**EARLY CANCELLATION**  
Participants are required to cancel lesson with instructor at least 6 hours prior to the lesson.  
Excessive cancellations or changes may affect consideration or eligibility for future lessons.  
**NOTE:** This includes changing lesson days and/or times.

**LATE CANCELLATION FEE**  
Participants cancelling with instructor less than 6 hours prior to lesson are subject to additional fee.  
Prior to any future lessons, a $10 LATE CANCELLATION FEE must be paid by cash or check.  
**NOTE:** This includes changing lesson days and/or times.

**NO—SHOW FEE**  
Participants failing to show up for lesson or notify instructor will be subject to additional fee.  
Prior to any future lessons, a $15 NO—SHOW FEE must be paid by cash or check.

**REFUNDS**  
There are NO REFUNDS. Lessons must be paid on day of lesson + are not sold in multiples.

REGISTRATION  
To register, complete information on the other side!

QUESTIONS?  
[UTHealth Auxiliary Enterprises—Recreation Center]  
[www.uth.edu/recreation-center]

CONTACT—  
Sarah Galecki—Program Manager  
sarah.e.galecki@uth.tmc.edu or 713-500-8422
## PARTICIPANT INFORMATION

<table>
<thead>
<tr>
<th>LESSON TYPE</th>
<th>TMC INSTITUTION</th>
</tr>
</thead>
<tbody>
<tr>
<td>___ PRIVATE</td>
<td></td>
</tr>
<tr>
<td>___ SEMI—PRIVATE</td>
<td></td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>PARTICIPANT’S FIRST NAME</th>
<th>PARTICIPANT’S LAST NAME</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th>AGE</th>
<th>BIRTHDATE</th>
<th>SEX</th>
<th>TODAY’S DATE</th>
</tr>
</thead>
</table>

**WHAT IS THE PARTICIPANT’S CURRENT SWIMMING ABILITY?**

**WHAT DOES THE PARTICIPANT WANT TO ACCOMPLISH?**

<table>
<thead>
<tr>
<th>IF PARTICIPANT IS A MINOR, PARENT/GUARDIAN’S FIRST NAME</th>
<th>IF PARTICIPANT IS A MINOR, PARENT/GUARDIAN’S LAST NAME</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th>BEST CONTACT PHONE #</th>
<th>E-MAIL ADDRESS</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th>WHAT DAY(S) OF THE WEEK ARE BEST?</th>
<th>WHAT TIME(S) ARE THE MOST CONVENIENT?</th>
</tr>
</thead>
</table>

## ASSUMPTION OF RISK AND RELEASE WAIVER

I, _______________________________________________, have volunteered to participate in SWIM LESSONS at The University of Texas Health Science Center at Houston (UTHealth) Recreation Center. I realize that such exercise, in some circumstances, elicit certain complications such as abnormal blood pressure, dizziness or fainting, irregular heart rhythms and, in some instances, heart attack or stroke. I accept the risks associated with such exercise and understand that I may cease participation at any time and for any reason, including feelings of fatigue or any other discomfort or concern. I further understand that, in connection with participation in this activity, it is my responsibility to disclose all relevant information regarding my health status and any previous experiences of unusual responses, symptoms, complications or other issues due to physical effort. I also understand the importance of my promptly reporting any concerns or discomfort I may experience with effort during exercise. I hereby release and hold harmless UTHealth, The University of Texas System, and their regents, officers, employees and representatives from liability for injury or death or damage to property that may result from my participation in this activity. I have read this form and understand the procedures and risks involved and consent to participating in SWIM LESSONS. Any questions I have regarding these procedures have been answered to my satisfaction. By signature below, I consent agree to all terms of this Informed Consent as set forth above.

<table>
<thead>
<tr>
<th>SIGNATURE</th>
<th>DATE</th>
</tr>
</thead>
</table>

## FRONT DESK STAFF DIRECTIONS

Ensure form is complete + put in binder for SWIM. Payment is due at first scheduled lesson, NOT ANYTIME BEFORE.