

UTHealth Recreation Center—McGovern Medical School Fitness Center

Open House April 2—3 and Grand Opening April 15th! *Here's what you need to know:*

Who can use the MMS Fitness Center	The MMS Fitness Center is open to UTHealth faculty, staff, residents and current students <u>only</u> . Everyone, <i>students included</i> , need to register <u>in advance</u> for access. May take up to 2–3 business days, register ASAP! Students already using the Recreation Center are <i>still required</i> to register <u>in advance</u> for access to the MMS Fitness Center. If you are already a paid member at the Recreation Center and want to add the MMS Fitness center, register <u>in advance</u> for access.
Open House: 4/2 + 4/3	Come see the new space before it's open! The Recreation Center staff will show you around and help answer any questions. Stop by anytime during the Open House: 4/2 + 4/3 from 11AM—2PM.
Free 2 Week Trial: 4/15—4/30	For faculty, staff and residents of UTHealth, there is a <i>Free 2 Week Trial</i> from 4/15 – 4/30 with advance registration. After the <i>Free 2 Week Trial</i> , membership is available to purchase by monthly autopayment .
UTHealth Students	The MMS Fitness Center is included at no additional charge for all UTHealth students paying student-service fees. Please follow Step 1 and Step 2 below under <i>How to Get Access to the MMS Fitness Center</i> for the Grand Opening 4/15. If you ever get a new UT ID, you'll need to update it with the Recreation Center for continued access to both facilities. Otherwise nothing else is needed for your duration as a student paying student-service fees. Exceptions: MMSI to II and other schools not enrolled in summer classes will need to purchase a membership for summer access.
How to Get Access to the MMS Fitness Center	UT ID badge access is managed by the Recreation Center and is required to enter the MSB and again for the MMS Fitness Center. Step 1: All students, residents, faculty and staff must complete this Registration Form . Step 2: Please wait for a confirmation email from the Recreation Center that your UT ID has been approved for access. If confirmation is not received within 2—3 business days, please email rec@uth.tmc.edu .
How to Enroll in EFT Membership to the MMS Fitness Center by 4/24	Beginning 5/1, faculty, staff and resident memberships are paid by electronic funds transfer (EFT) only. EFT memberships are \$28 monthly autopayment and give dual access to both the MMS Fitness Center and the Recreation Center. Stop by the MMS Leather Lounge anytime during open enrollment from 11AM—1PM: 3/21, 3/27, 3/28, Open House on 4/2 + 4/3 11AM—2PM, Grand Opening on 4/15 and 4/24 (Deadline to Enroll in EFT <i>onsite</i> at MMS.) <ul style="list-style-type: none"> • If you haven't already, complete this Registration Form. • Bring your UT ID and a voided check, direct deposit form or other official bank letter with account and routing numbers. • Complete the EFT Authorization Form (Please read thoroughly for all details and deadlines. May also be completed in person.)
How to Enroll in EFT Membership to the MMS Fitness Center after 4/24	Beginning 4/25, registration and payment for the MMS Fitness Center must take place in-person at the <i>Recreation Center</i> . There is free parking while using the Recreation Center, so it'll be quick and easy! The free UT Shuttle also goes from MSB to the REC weekdays from 6AM to 8PM. Stop by the Recreation Center Monday – Friday 5:30AM – 10PM, Saturday 8AM to 8PM or Sunday 10AM to 8PM: <ul style="list-style-type: none"> • Bring your UT ID and a voided check, direct deposit form or other official bank letter with account and routing numbers. • Complete the EFT Authorization Form (Please read thoroughly for all details and deadlines. May also be completed in person.) • If you haven't already, complete this Registration Form. Access to the Recreation Center is available immediately after payment. For access to the MMS Fitness Center, please wait for email confirmation that your UT ID has been approved for access.