Welcome New UTHealth Students!

Take a look to this special edition of Student Pulse to learn more about available student services!

Need medical, or counseling, services?

Student Health and Counseling Services serves as the medical home for all UTHealth students and provides both medical and mental health services. A portion of the student services fee funds the programs.

Medical Services:
The medical health services are available for all UTHealth students and their dependents. Dependents services are billed directly to their health insurance. Services available include immunizations required for matriculation into and through UTHealth, tuberculosis screening, physical examinations, well woman examinations, flu shots, travel medicine, treatment of acute and chronic medical problems, and referrals to specialists as necessary. The clinic manages a 24-hour a day hotline for needle sticks and other exposures to hazardous body fluids. An on-site Class D pharmacy offers many prescription medications for common illnesses and oral contraceptives. The clinic is staffed by physicians who are board certified both in Internal Medicine and Pediatrics.

Low complexity office visits are covered by the student fees. Higher complexity visits can be charged to the student’s insurance carrier. Immunizations may be covered by the student’s insurance and are otherwise offered at near cost. Testing following blood or body fluid exposure while performing educational assignments is covered by the Needle stick Program as long as student reports incident to our Occupational Exposure Hotline at 713-500-OUCH. Any charges not covered by the student’s insurance carrier are the responsibility of the student. These may include laboratory tests, radiological services, hospitalization and referred consultation, and pharmaceuticals.

Psychiatric and Counseling Services:
Balancing personal life with the demands of academia can be challenging. Psychiatric and counseling services are available for all UTHealth students at no additional cost. Available services include therapy sessions for a wide variety of concerns such as depression, anxiety, academic problems, alcohol/substance abuse, eating disorders, insomnia, relationship concerns, smoking cessation, suicidal thoughts, etc. Referrals are not required and students are strongly encouraged to call and make an appointment if they are in need of these services.

Records are kept strictly confidential, subject to federal and state law. Staff is available for outreach and prevention programs for all UTHealth Schools.

For more information, or to make an appointment, contact:

Student Health Services
UT Professional Building
6410 Fannin, Suite 130
Houston, Texas 77030
PHONE: (713) 500-5171

Website: www.uthouston.edu/studenthealth
The Auxiliary Enterprises Shuttle Service offers transportation on a continuous roundtrip loop through the TMC, stopping at all the UTHealth hotspots. Whether you need to get from school to school, to UCT, University Housing or the Rec Center/ South Lot parking, we will get you there.

We roll Monday through Friday, from 6:00 a.m. to 8:30 p.m. (except on university holidays). For most of the day, the wait time between buses averages 5 to 15 minutes (from 7:00 a.m. to 8:30 p.m., there is only one bus in operation, and the wait is 25-35 minutes). For real-time locations of UTHealth Shuttle buses, use our online Shuttle Tracker (uthpublic.etaspot.net for computers, or uthmobile.etaspot.net for mobile devices).

You can also follow us on Twitter for news and updates.
@UTHealthShuttle

For more information, please see uth.edu/shuttle, email Shuttle@uth.tmc.edu, or call 713-500-8400.

Shuttle Stops:
- Cambridge (7900 Cambridge) - near housing exit gate
- El Paseo (1885 El Paseo) - west of housing exit driveway
- Knight Road (7779 Knight Road) - near corner of Knight and West Road
- REC - in front of the Recreation Center
- UCT East (7000 Fannin) - on Fannin, across from UCT
- SON (6905 Bertner) - in front of SON
- GSBS (6767 Bertner) - near 20 mph speed limit sign
- MSB (Ross Sterling) - in breezeway next to MSB
- SPH (Pressler) - in bus cutout outside SPH, near skybridge elevator
- UCT West (7000 Fannin) - on sidewalk, near UCT parking entrance
- RPC/SOD (East Road) - in circle drive, between BBSB and SOD

Remember, you must show your UTHealth ID badge to board!

UT Police: Serving you with courage and compassion

The University of Texas at Houston Police (UT Police) provide law enforcement and community services to The UT MD Anderson Cancer Center and The UT Health Science Center at Houston institutions.

To ensure your personal safety, UT Police provides multiple services, including free after-hour transportation for a ride to your vehicle, or housing, within the Texas Medical Center area any time after dark.

Learn more at: www.mdanderson.org/utpd/utpd-police-services.html

UTPD Contact Information
Emergencies: 911
Non-Emergencies: 713-792-2890
Crime Prevention: 713-563-7794
Free gym, Olympic pool, and six sport courts?
You are already signed up!

The Auxiliary Enterprises Recreation Center, located next to University Housing at 7779 Knight Road, aims to improve the work-life balance of students by offering state-of-the-art recreational and athletic facilities with programs and equipment designed for health and fitness as well as friendly competition and social events. We are open seven days a week (except for some university holidays).

We invite you to come check us out. Your membership fees are already covered in your student service fees, so there is nothing additional to pay for use of the facility. Our indoor facility has 26,000 square feet of space featuring cardiovascular equipment with personalized fitness programs, individual televisions and Wi-Fi, as well as strength training equipment such as resistance machines, free weights and kettle bells. Our group fitness studio offers a variety of evening and weekend classes to improve flexibility, muscular strength and cardiovascular fitness. We also have a racquetball court, table tennis and billiards, and for your convenience, locker rooms with showers and daily or long-term rental lockers are available on site.

Outdoors, the Rec Center features a heated Olympic-size swimming pool that is open year-round in addition to multiple basketball and tennis courts. Another area offers athletic fields for softball, football, soccer and other recreational activities, plus sand volleyball courts – all surrounded by a quarter-mile jogging trail with fitness stations.

At the Rec Center, you can work out alone or with friends, or sign up for personal training, group fitness classes, American Heart Association CPR/AED & First Aid Certification Courses, or our team or individual intramural and recreational sports programs. In addition to these programs, the Rec Center can also be used for special student events such as the GSA-GSBS Olympics, Welcome Weekend Powder-Puff Flag Football Game, Dodgeball Tournament, Sand Volleyball Games and more. If you are interested in organizing a special event at the Rec Center, please contact us at 713-500-8420.

Stay in the SIC loop!
Stay up to date about upcoming SIC events, scholarship opportunities, and more, by following us on Facebook!

Student Intercouncil at UTHealth
https://www.facebook.com/UTHealth.SIC
Meet Justin A. Drake, 2015 Student Regent for The University of Texas System

Justin A. Drake, Galveston, Texas, was appointed to a one-year term, beginning July 2, 2015, as Student Regent for The University of Texas System by Governor Greg Abbott. He is a fourth-year graduate student in the Biochemistry and Molecular Biology Department at The University of Texas Medical Branch at Galveston focusing on computational biophysics. His research relies on using some of the world’s most advanced supercomputers to study the structural and thermodynamic properties of short, flexible proteins. Regent Drake graduated with honors from The University of Texas at Austin with a bachelor’s in Biomedical Engineering and a Certificate in Scientific Computation. While at U. T. Austin, Regent Drake began his research career early and was motivated by the fact that he could combine fundamental engineering principles with computational science to tackle complex biological problems. He was recently awarded the Blue Waters Graduate Research Fellowship for 2015-2016 that provides funding and guidance for his research as well as access to the Blue Waters Supercomputer.

Regent Drake is also passionate about serving the UTMB and Galveston community. As part of UTMB’s Student Government Association, he has served as a Senator, Senate Chair, and Executive Vice President and has chaired the Academic Resources, Community Outreach, and Intramural Sports Committees. He has organized and taken part in volunteering opportunities that strengthen UTMB’s relationship with the Galveston community. Additionally, he is very interested in STEM education and, as part of UTMB’s Together Educating About Math and Science program, has visited a local underprivileged middle school to educate young students about the exciting possibilities of a career in science. With "Big Data" continuing to permeate all fields of science, his interests also include initiatives aimed to expand both educational programs and access to high-performance computing resources for students and scientists throughout their careers.

He enjoys traveling, intramural sports, fishing, and volunteering at the Galveston Island Humane Society with his wife, Christina, a critical care nurse at UTMB.

Don’t miss the chance to meet Justin at Salutation 2015!

Welcome message from the SIC President

Dear new and returning students, on behalf of the Student InterCouncil (SIC), welcome to a new academic year at UTHealth! With no doubt, you have made an exceptional choice in joining this family for your professional training. UTHealth provides students with a wide variety of outstanding education, cutting edge research, and remarkable patient care as well as the opportunities to interact with fellow students from all of its six schools: Graduate School of Biomedical Sciences, School of Public Health, Medical School, School of Dentistry, School of Biomedical Informatics and School of Nursing. SIC encourages you to participate of every opportunity UTHealth offers you. There are several activities sponsored and planned by SIC throughout the year ranging from funding for school organization activities, fellowship opportunities, social activities and community services. Stay connected and look for the updates through your UTHealth email or by visiting our website. You wouldn’t want to miss them! Finally, for the SIC to successfully accomplish its mission of improving the quality of student life at UTHealth through our planned events, we rely on the participation of our most valuable member, You! We hope you enjoy Salutation and visit our vendor booths. I encourage you to take time to stop by our SIC booth to get more information about SIC and also to meet and chat with our current SIC representatives, who like me, are eager to work for you to improve student life at UTHealth!

All my best,
Michelle Martinez-Rivera
2015-2016 SIC President
What is the Student InterCouncil?

The Student InterCouncil (SIC) is the UTHealth student governance organization and is the recognized forum of student opinion and the primary vehicle for student participation in the governance of UTHealth. The organization is comprised of representatives from each of the six schools and from underrepresented student and international student constituencies.

The SIC contributes to the quality of student life at UTHealth by participating in the development and implementation of policies and procedures affecting students; providing funds to support special projects of other student organizations; representing student interests on external and internal committees; improving communication among the schools through the publication of an SIC newsletter, UTHealth Student Pulse; and planning and implementing activities that address the special needs of students.

2015-2016 SIC Representatives:

**Graduate School of Biomedical Sciences:**
- Angie Torres-Adorno, Co-Historian
  Angie.M.TorresAdorno@uth.tmc.edu
- Margie N. Sutton, SIC Secretary
  Margie.N.Sutton@uth.tmc.edu
- Jillian S. Losh
  Jillian.S.Losh@uth.tmc.edu

**School of Biomedical Informatics:**
- Melissa Resnick
  Melissa.P.Resnick@uth.tmc.edu
- Kayode C. Olupinyo
  Kayode.C.Olupinyo@uth.tmc.edu
- Anna Xu
  Anna.Xu@uth.tmc.edu

**School of Dentistry:**
- Marian Chen
  Marian.M.Chen@uth.tmc.edu
- Mason Borth
  Mason.D.Borth@uth.tmc.edu
- John (Matt) Franzen
  John.M.Franzen@uth.tmc.edu

**School of Nursing:**
- Kara Dean
  Kara.L.Dean@uth.tmc.edu
- Morgan Jones
  Morgan.A.Jones@uth.tmc.edu
- Pamela (Patricia) Abella
  Pamela.P.Abella@uth.tmc.edu

**School of Public Health:**
- Alokananda Ghosh
  Alokananda.Ghosh@uth.tmc.edu
- Melissa Bing
  Melissa.M.Bing@uth.tmc.edu
- Jocelyn Triplette
  Jocelyn.Triplette@uth.tmc.edu

**Medical School:**
- Alixa Baycroft, SIC Vice-President
  Alixa.M.Baycroft@uth.tmc.edu
- Margaret Wang, SIC Co-Historian
  Margaret.Y.Wang@uth.tmc.edu

**Underrepresented Student Representative:**
- Michelle Martinez, SIC President
  Michelle.MartinezRivera@uth.tmc.edu
- Chigozie Dike
  Chigozie.Dike@uth.tmc.edu
- Ruben Mendoza
  Ruben.C.Mendoza@uth.tmc.edu

Saludos! I am Angie Torres Adorno, the Student InterCouncil (SIC) Co-Historian. As Co-Historian, I am the Editor-in-Chief of the SIC student newsletter, the Student Pulse. The Student Pulse is released every semester to increase students awareness of events and available resources, as well as to increase communication among students of all six UTHealth schools. Do you wonder how you could be part of enhancing communication with other schools and students? Simply by sending us news from your school, and student organizations! Send us announcements about upcoming events, scholarship awards, fundraising opportunities, volunteering events, etc. With your help, we can achieve a more unified UTHealth student community, supporting one another towards our common academic goals.

Please send your announcements and articles to sicgov@uth.tmc.edu, using the subject line: “Student Pulse Article”.

Sincerely,

Angie Torres Adorno
2015-2016 SIC Co-Historian
Graduate School of Biomedical Sciences