

KNOW THE SIGNS OF A STROKE WITH **BEFAST**

Immediate treatment of a stroke is vital to minimize the longterm effects of stroke and prevent death.

With each passing second during a stroke, brain cells are dying, so remember that time is brain!



5th

Stroke is the 5th leading cause of death in America and a leading cause of adult disability.

795,000
Americans

Approximately 795,000 Americans suffer a stroke each year.

4
minutes

Someone dies from a stroke every 4 minutes.

40
seconds

A stroke occurs every 40 seconds.

80
percent

Up to 80% of strokes can be prevented with a healthy lifestyle.

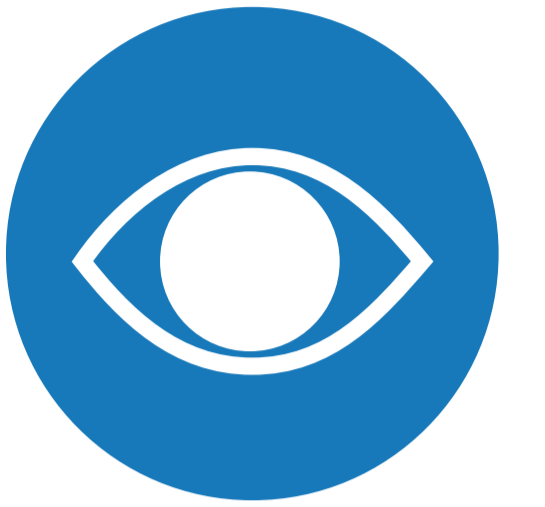
Balance

Loss of balance or unsteadiness



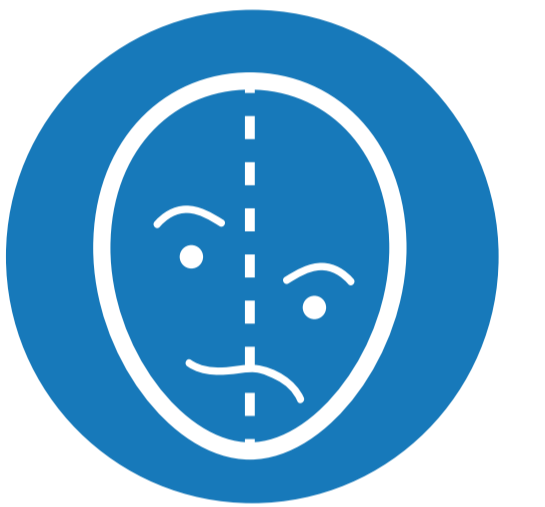
Eyes

Blurred vision



Face

One side of face is drooping



Arms

Weakness in arms or legs



Speech

Trouble with speech



Time

Call 9-1-1!

