 KNOW THE SIGNS OF A STROKE WITH BEFAST

Immediate treatment of a stroke is vital to minimize the long-term effects of stroke and prevent death.

With each passing second during a stroke, brain cells are dying, so remember that time is brain!

**Balance**
Loss of balance or unsteadiness

**Eyes**
Blurred vision

**Face**
One side of face is drooping

**Arms**
Weakness in arms or legs

**Speech**
Trouble with speech

**Time**
Call 9-1-1!

---

**5th**
Stroke is the 5th leading cause of death in America and a leading cause of adult disability.

**795,000 Americans**
Approximately 795,000 Americans suffer a stroke each year.

**4 minutes**
Someone dies from a stroke every 4 minutes.

**40 seconds**
A stroke occurs every 40 seconds.

**80 percent**
Up to 80% of strokes can be prevented with a healthy lifestyle.