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## Focus on renewal: Visualize your path

Even if you know where you want to go, it can help to look ahead. Visualizing your path can help you make a plan to jump any hurdles that may stand in your way.

### Upcoming webinars

Webinars are presented each month on topics such as communication, stress, self-improvement and more. We also have a library of webinars you can view at any time. Log in to your member website and click on "Sign up for a webinar" under "Today I want to:" or go to Tools > Webinars > Upcoming webinars to register today.

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