

WORKLIFE NEWSLETTER



Focus on balance: Discover daily purpose

A lot of times when people think about their purpose they think in terms of a “life purpose” – a calling that gives meaning to their actions, hopes and dreams. Daily purpose can add a sense of meaning to each present moment. And it can change as you move through different stages in your life. This month’s resources can help you think around your daily purpose.

Upcoming webinars

Webinars are presented each month on topics such as communication, stress, self-improvement and more. We also have a library of webinars you can view at any time. Log in to your member website and click on "Sign up for a webinar" under "Today I want to:" or go to Tools > Webinars > Upcoming webinars to register today.

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